

Mendip Junior Schools Cross Country League 2021/22

Dear Colleagues,

After the terrible hiatus that wiped out the back end of our 2021/22 season and the whole of the 2020/21, we are delighted to announce the return of our cross country league for this school year. There will be some small changes to encourage social distancing at our events until things quieten down, please see below for details.

The league continues to be supported by Mendip Athletics Club, both financially and by providing many of the officials needed to run the events as well. The races generally are held from 4pm, but please note the timing for our second fixture – I would like to get the first race underway 15 minutes earlier so that we can finish in the light! Venue details of everything after the first event will be confirmed once we have agreement from all the venues.

The first fixture this year will be at Millfield Junior School at Edgarley, just outside Glastonbury. We will be using parking and a course on the Tor side of the road and we expect parking to be a possible issue so PLEASE tell your parents to SHARE TRANSPORT and not come on their own! The first race will be held back till 4:15pm as it is going to be very busy getting numbers distributed to everyone before the first race – you should aim to arrive at the usual time that would be good for a 4pm start! We should be finished by 5:15pm.

Please can you confirm your intention to participate in this year's league by emailing me by Monday 20th September – I am anticipating some e-mail problems so will chase anyone I have not heard from in case this information has not gotten to the right person. Please then fill in the enclosed Team Declaration Sheet and send it by email to arrive no later than Friday 1st October. If you are able to send your team declaration electronically a pro-former Excel Spreadsheet is provided and will also be posted onto the league web-site at www.MendipJuniorAthletics.org.uk. This saves me much typing! This year my club treasurer has agreed to take over the payments side of things, so you will be invoiced once I have your entry details.

Unfortunately, as some schools continue to fail to make prompt payments, I am stipulating that **ONLY SCHOOLS WHO ARE FULLY PAID UP PRIOR TO THE SECOND EVENT WILL BE ALLOWED TO COMPETE**. This should not have any impact on the majority of schools to have always been very good in this regard.

Race numbers will be supplied, but note that **pins will not be provided**. Please also note the following:

- Please destroy any old numbers that you have. Several youngsters challenge me every race by running in last year's number (or in one case a number from two years previously!)
- Numbers must be worn only by the children named on your declaration – if you have new runners you will be provided with additional numbers – DO NOT reuse numbers already allocated to someone else.
- Children must keep the same number throughout the league. Write each child's name on the front of their number and the collect numbers (and pins!) after each race.
- An allowance for 40 children per school is included within your basic entry fee. If you have any extras they will be allowed to run if numbers allow (we have changed venues to ensure that we will be able to cater for everyone). You **must** inform the organisers beforehand. Extra numbers will be provided for these runners. A charge of £1 per extra number will be made.
- Lost numbers – see the results manager. Please do not make your own – They are coded to ensure every child competes in the appropriate race and also carry our sponsor's logo. Also, I need to be able to read the numbers on the finish video!!
- Race numbers must be pinned to the **front** of the children's T-shirts. They should be fixed at each corner so that they are always visible. I often have to resort to my finish-line video to resolve problems, so non-visible numbers cause me many problems! Please note that the numbers are **weather** and **tear-proof** so that they should last the whole season.
- School colours should be worn (no club vests please) – spiked shoes are allowed but not essential.
- It is hoped that the inter-area match against Bristol, BANES, North Somerset and South Gloucester will be held at Bath University in December, with the main Somerset match at the start of summer term and will be against Ansford, Chard, Taunton, Minehead, Sedgemoor, Langport and Yeovil. Further details will be posted in due course.
- Results will be posted on the league website, at www.MendipJuniorAthletics.org.uk, generally within two days of each fixture and will (hopefully) appear in the following weeks Mid Somerset Journal.

May I wish you and your children every success in the League, and we look forward to seeing you all on October 1st. If you have any need to contact me, I can be reached at 0798 5160526. If I don't answer, please text my mobile and I will get back to you as quickly as I can.

Yours in sport,

Ian Humphreys, Mendip Junior Schools Cross Country League Organiser.

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Covid Safety Precautions to be adopted UNTIL FURTHER NOTICE

- **A COVID OFFICER will be appointed to look after any covid related matters. They will be clearly identified with a GREEN tabard and her instructions must be followed.**
- **START Protocols – We need to avoid crowds of children hogging the start line as soon as the previous race has gone. We will therefore set up an extended start area for school groups to congregate IN ISOLATION. The children will be called up to the actual start 2 minutes before race start to minimise the time spent in close proximity. Announcements will be kept to a minimum.**
- **SPECTATORS – Can parents and other spectators please spread themselves around the course and not stand at the start or finish areas. There will be an exclusion zone around the finishing funnels so please do not try to get too close. NO adults in the start area please.**
- **If anyone requires first aid or other close assistance, the first aider will be wearing appropriate PPE.**
- **In the interests of preventing the spread of Covid we would like to request that all adults who have not been double jabbed take a Lateral Flow Test on the day of the cross county fixture and not attend if they show a positive result.**
- **In the event of someone subsequently testing positive please inform the organisers immediately, and we will pass the information onwards for you all to take any appropriate measures (like taking a lateral flow test to confirm you are clear of the virus).**

**PLEASE DO REMEMBER OUR EVENTS ARE HELD OUTDOORS
AND THE CHANCES OF CATCHING COVID IN THESE
SITUATIONS ARE VERY LOW**

Mendip Junior Schools Cross Country League 2021/22

- **Entry Fee £60 per school (only 30p per runner per race!!)**
- **First three to score from each team.**
- **Best four race positions out of 5 (individual and team) decide awards.**
- **Prizes/trophies to overall league winners.**
- **Trophies for best overall “Small School” and “Large School”.**
- **Four race categories:**
 - Lower school girls (years 3&4)
 - Lower school boys (years 3&4)
 - Upper school girls (years 5&6)
 - Upper school boys (years 5&6)
- **Cross Country Fixture Dates: (all fixtures start 4pm unless noted)**
 - Tuesday 5th October 2021 - Millfield Prep School, Glastonbury
 - Tuesday 9th November 2021 - venue TBC – NOTE 3:45pm START
 - Tuesday 1st February 2022 - venue TBC
 - Tuesday 1st March 2022 - venue TBC
 - Tuesday 29th March 2022 - venue TBC

 - 26th or 27th April 2022 - Inter-Area Match - (venue TBC)
- **Other Fixture Dates:**
 - Sunday 12th December 2021 - Somerset Clubs XC Championships, Bath University
 - Sunday 2nd January 2022 - South West XC Championships, (venue TBC)
 - Date to be confirmed - Somerset Primary Schools Championships, Taunton
 - Sunday 1st May 2022 - Glastonbury Road Run (one mile primary schools race)
 - Date to be confirmed - Somerset Athletics Championships
 - Date to be confirmed - Mini-Olympics, Millfield Track, Street
 - Date to be confirmed - Inter-Area Mini-Olympics, Millfield

Please note that information about the Sportshall competitions will be distributed separately.

- **League web-site:** www.MendipJuniorAthletics.org.uk

TEAM DECLARATION FORM – 2021/22

Mendip Junior Schools Cross Country League

SCHOOL: _____

Please Supply Names In Full (Firstname, Surname) IN CAPITALS

LOWER SCHOOL GIRLS (Yr 3 & 4) <small>(maximum 10 children)</small>			LOWER SCHOOL BOYS (Yr 3 & 4) <small>(maximum 10 children)</small>		
Office Use Only	Name of Participant (BLOCK CAPS)	Year Group	Office Use Only	Name of Participant (BLOCK CAPS)	Year Group

UPPER SCHOOL GIRLS (Yr 5 & 6) <small>(maximum 10 children)</small>			UPPER SCHOOL BOYS (Yr 5 & 6) <small>(maximum 10 children)</small>		
Office Use Only	Name of Participant (BLOCK CAPS)	Year Group	Office Use Only	Name of Participant (BLOCK CAPS)	Year Group

Please return EXCEL file via E-Mail by **FRIDAY 1st OCTOBER** or via Post by **WEDNESDAY 29th SEPTEMBER**. Entries not received by this date cannot be guaranteed entry into the competition.

PLEASE NOTE: You will be invoiced separately for your league entry fee.

SIGNED: _____ **DATE:** _____

Return To: Ian Humphreys, 6 Nettle Combe View, South Horrington Village, Wells BA5 3QF or via e-mail (address given below). Please copy sheet for additional runners. A £1 charge will be made for each additional runner.

An electronic version of this form will be available on the web at www.MendipJuniorAthletics.org.uk and may be submitted via e-mail to: Ian.Humphreys@freeuk.com.

REGISTRATION FORM

Mendip Junior Schools Cross Country League

Please accept our entry for the Mendip Junior Schools Cross Country League 2021/22:

UK: Athletics Permit Applied For

SCHOOL: _____

No on ROLL: _____ **(years 3 to 6 only)** **SCHOOL NO:** _____

CONTACT NAME: _____

ADDRESS: _____

POST CODE: _____

SCHOOL TEL NO: _____ **FAX NO:** _____

E-MAIL: _____

Photography Policy

Photographs may be taken by a league appointed photographer at all Mendip Junior Athletic events. Such photographs remain the property of the league organisers and may be used for publicity or promotional purposes, both in the local press and on the league web-site. No child will be identified by name without the organisers seeking prior permission from those concerned. All parents/carers who would wish images of their child not to be used must notify the organisers in writing in advance. A video camera may be used to make an official record the finish of the races.

While it is not possible to prevent the general public from taking photographs at such events all photographers should be registered with the organisers prior to the start of each meeting. Unregistered photographers should be requested to refrain from taking photographs. Official photos may be made available for sale for a small fee via the league web-site. If available, all such photographs will be supplied to the appropriate school for collection by the parent/carer.

Data Protection Policy

School contact details and names of Children will be held on a computer system for the purposes of the preparation of results and to allow further correspondence with the school.

Payment Options

*Please either include a cheque, made payable to "Mendip Athletic Club", with your postal entry or you may pay by BACS transfer to Account "Mendip AC", Sort Code 30-99-29, Account Number 01356043, Quote your school ID in the reference. If you are paying by BACS you may e-mail a scan of your completed Registration Form. An invoice will be sent to you detailing your payment. Fees must be paid ahead of the **second** fixture*

DECLARATION: I declare that all athletes entered are amateurs as defined by the UKA rules and that I will abide by the laws and rules of the League. I understand that the League Organisers and any club, person or body involved in the organisation of the events will not be held liable for any injury, illness or loss, however occasioned, resulting from the events and no child will participate unless fit to do so. I have read and agree to the League's Photography Policy and Data Protection Policy. I accept the decision of the league organisers in any matters relating to the league and events as final.

SIGNED: _____ **DATE:** _____

Please return scanned form via E-Mail by **FRIDAY 1st OCTOBER** or via Post by **WEDNESDAY 29th SEPTEMBER**. Entries not received by this date cannot be guaranteed entry into the competition.

Return To: Ian Humphreys, Mendip Junior Athletics Organiser, 6 Nettle Combe View, South Horrington Village, Wells BA5 3QF. E-mail: Ian.Humphreys@freeuk.com. Mobile: 0798 5160526.